



## 4 Truths of Parenting at Any Age



Parenting is one of life's greatest adventures. While no two journeys look the same, there's something every parent has in common: Parenting happens in phases.

From sleepless nights with a newborn to navigating the emotional highs and lows of adolescence, each phase comes with its own joys, struggles, and opportunities. And while the specifics may vary, four truths hold steady in every phase of parenting and your kid's life.

These truths are like guardrails along the journey, helping you stay focused on what matters most while giving you the confidence to adapt along the way. Whether your child is taking their first steps, learning to ride a bike, or driving off to college, these principles can guide you in making the most of every stage. Let's break down the four truths:

### 1. Every phase has meaningful relationships you can influence.

As kids grow, they tune in to different voices—sometimes at full blast, sometimes barely audible. To guide them, it's important to know who they're listening to at each stage. Whether it's a best friend, a teacher, or a grown-up you trust, you can influence your kid by investing in the people who are shaping their world.

### 2. Every phase has unique challenges you need to

understand.

As much as we wish they could, kids can't and won't stay the same. From preschool to high school, they're constantly changing—mentally, physically, emotionally, socially, and spiritually. The key to connecting with them is understanding who they are right now, not who they were a year ago.

### 3. Every phase has special opportunities you can embrace.

Each stage has its rhythms and milestones—bedtime chats when they're little, the excitement of starting kindergarten, or the first time they get behind the wheel. These moments aren't just milestones; they're windows of opportunity to build their character, reinforce their faith, or deepen your connection with each other.

### 4. Every phase shapes their future in a big way.

Every phase builds on the one before it, and each one sets the stage for what's ahead. That's why it's so important to parent with the end in mind. Where do you hope they'll be as adults? Use today's challenges and opportunities to help them get there.

To put it simply:

You make the most of every phase when you...

Influence through meaningful relationships.

Understand their current reality.

Embrace unique opportunities.

Parent with their future in mind.

Every phase matters. Let's make the most of them together.

[theparentcue.org](http://theparentcue.org) - Part of the Orange Curriculum

[Sign Up for Parent Cue Here](#)

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Michindoh Retreat Center

**February 21-23**

Sports / Friends / Fun

Archery Tag

*Mighty Ducks* Movie

Register by *February 5th*

[Sign Up for the Retreat](#)



**ELEVATE**

ST. JOE YOUTH RETREAT

2025

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# Youth



## Winter Jam '25

February 6th  
6pm-11pm

Must have 5 kids / 1 adult  
volunteer to go  
RSVP to Teah by Feb 2nd  
Church Covers Tickets  
Bring \$ for snacks / merch

## Sunday Night Youth

February 2nd & 16th  
5-7pm  
Dinner Games Lesson  
Enter Door F



# Families

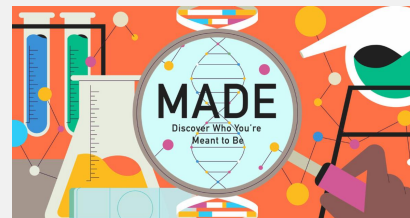


Watch your inbox for the full camp  
email.....COMING SOON!!



## February 2- 23

Collecting: Diapers Size 3, 4, 5  
Wipes / New Baby Clothing  
Cash Doantions for Car Seats  
& High Chairs



St. Joe UMC:  
Sunday School 9 am & 11am  
Preschool 2nd & 4th Sun. 9a  
St. Joe @ the YMCA:  
Breakout 10 am





We're Back!!

*Where Everyone Belongs, YOU are Celebrated & God's Love Makes Us Fearless!*

## GET INSPIRED



**CONFIRMATION  
2025**

**Confirmation:** when a baptized Christian becomes a professing member of the local congregation and The United Methodist Church

These teens have been on a journey to learn about what it means to be part of a church and all the GRACE that God offers. Pastor Glenn led us in lessons on the Wesleyan concept of GRACE: Prevenient, Justifying, Glorifying, Saving and Sanctifying. At Bisque It, they painted a new chalice and plate on which to serve communion on Confirmation Sunday. They visited the Cathedral and Catholic Museum downtown to learn how Catholics practice Christianity a little of this history. A Mentor Lunch was held where the teens could invite a special adult to join them for

lunch and talk about their experience in church as a teen. These teens continually impress me with their kindness, curiosity and willingness to learn and care for each other. They will be awesome members of the St. Joe Community!



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