



Which comes first the community or the service?



This question may not be as common as the chicken or the egg question, but I have had a few conversations over the past several months about which is a better strategy, doing service projects to build community or building a community that wants to serve. I think the answer is just like the chicken/egg debate... I don't care which you start with, if you get one you will find the other.

Last month I mentioned being struck and inspired by the mission of the Keystone Group. *"Our mission is to improve the health and well-being of adults 55 and older through meaningful opportunities for service, lifelong learning, active play, and social connection."*

Sometimes, when community and connection are there, we don't realize how easily service and learning can come. This past month, we had a couple of service opportunities present themselves to us. One was helping someone move some stuff out of an assisted living apartment. We were on a time crunch, but we sent out a cry for help and had a group respond quickly and we got the job done.

I wanted to say a huge THANK YOU to everyone who participated in this!

When you have a group of people that know each other and care for one another, serving and learning together comes easier. Whether you want to attend some social events to meet new people and deepen connections with long-time friends, OR you want to learn something new or serve someone in need, our goal is to have options for you!

We have a new Bible Study starting Wednesday, September 25th at 2pm at the Y. This will be for men and women age 55+ from Keystones, the Y, and Bethany. The study with focus on the story of Abraham, what lessons we can learn from his story, and what they may have to say for seniors in our community! It's just six weeks on Wednesdays and we'd love to see you there.

Study Connection is getting ready to start back up and is a great way to serve youth in our community at St Joe Central Elementary School.

We also have a genealogy class starting up in October!

If you have suggestions on service ideas or topics you would like to see a presentation or class on, let us know! We would love to add them to the list for discussion at our next meeting.

In the meantime, come to serve or learn something new, and maybe stick around for something fun. Or come to a fun event and meet people that you want to serve with and learn alongside. Either way, we hope to see you and an activity this month!

Luke

Outdoor Walking Group



**EARNING THAT
ICE CREAM TREAT**

Thursdays in September
6p | Meet at Praise Park



Join the Keystone Group for a walk and a treat each Thursday evening in September. We'll begin at Praise Park and go for a walk that will end up at Zesto's. No RSVP required, just come as you are and bring a friend!



Genealogy:
Starting your first Tree-Leaf



St. Joe UMC (6004 Reed Rd)
Thursdays 6:30p
Oct. 10th-Nov. 21st
Bring a 3-ring notebook
Register: stjoemin.com/events

Brought to you by:



RSVP EVENTS

ONGOING EVENTS

Click the links for more information

- [Pickleball Tuesdays](#): 1pm-3pm in the gym at St Joe
- [Women's Bible Study](#): Tuesdays through September 17th (**9am**) at Praise Park. Study is on *Loving God and Others: The Heart of True Faith*.
- [Women's Book Club](#): Next meeting is Thursday, September 12th at 1pm. The book for September is *Remarkably Bright Creatures* by Shelby Van Pelt. The October book is *The Midnight Library* by Matt Haig.

Click the links for more information

- [Keystone Lunch Bunch](#): September 15 at 12:30pm. at Harlan Cafe. Registrations are helpful so we know approx. how many are coming.
- [Keystone Bible Study](#): For both men and women, age 55+. We'll be meeting on Wednesdays at 2pm, starting 9/25 in the conference room at the Jackson Lehman YMCA. We will be studying the Story of Abraham and what it might have to say to us today.
- [Genealogy Class](#) - Starting October 10th, Thursdays at 6:30pm, Jeff Jones will be leading a six-week Genealogy course.

Faithful. Fearless. Fruitful.

Men's Breakfast



This one isn't limited to the Keystone Group, but I wanted to make sure the Keystone Men are aware of

the upcoming Men's Breakfast. Our very own Al Brothers will be the speaker with a presentation entitled "Faith, Flying and Leadership." Al has an extremely interesting story, and we hope you'll come for the food and fellowship. No need to bring anything, but registrations are helpful, so we know how much food to make! *SIGN UP TODAY!*



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